Health Shots

Ginger Shot 5

Neat Ginger *Immune boosting, rich in* antioxidants

Langan's Recovery Shot 5

Lemon, Ginger, Cayenne Pepper Promotes healthy metabolism



Breakfast Cocktails

Bloody Mary 16

Virgin Mary 12

Bellini 14

Mimosa 15

Freshly Pressed Juices & Smoothies

Freshly Squeezed Orange Juice 7

Fresh Lemonade 4

Cloudy Apple Juice 4

Ginger Kombucha 8

Detox 7

Spinach, Kiwi, Cucumber, Apple & Tarragon

Lowers high Cholesterol, reduces blood sugar,

rich in antioxidants, folic acid, iron, Vitamines A, C and K1

Passion Fruit Kombucha 8

Good Day 7

Orange, Apple, Carrot, Ginger Rich in Calcium, promotes Collagen production, Vitamines C and K

Classics

Viennoiserie 3.5

Freshly Baked Croissant, Pain au Chocolat

French Toast 15

Praline Mousse, Brioche, Toasted Hazelnuts, Canadian Maple Syrup Add Mixed Berries +3.5

Langan's Pancakes 14

Whipped Cream, Maple Syrup, Berries (please allow 20 mins)

Porridge 8

Gluten Free Oats (Rich in Iron, Magnesium, Calcium, Phosphorus, Anti-Inflammatory and Antioxidant, Lower Colestherol LDL)

Choice of Water, Milk, Almond / Coconut / Soy / Oat Milk

> Add Mixed Berries +3.5 Add Poached Pears +3

Bowls

Acai Bowl 15

(Anti-Oxidant, Good Source of Omega 9 and 6, Boost Brain Function and Help Heart Health) Granola, Coconut Yoghurt, Almond Butter

> Seasonal Fruit (V) 12.5 Fresh Mint

House Nut Granola 15 Honey, Greek Yoghurt and Berries

Eggs from St. Ewe

Eggs Benedict 18.5 Wiltshire Ham & Hollandaise

Smoked Salmon & Scrambled Eggs 20.5

Omelette

Plain - 10.5 Fines Herbes - 10.5 Wild Mushrooms - 15 Tamworth Ham & Cheese - 14

Eggs Florentine 17 Wilted Spinach & Hollandaise

Spinach & Egg White Omelette 14 Halloumi, Salsa Verde

English Breakfast 22.5

Choice of Eggs, Black Pudding Tamworth Pork Sausages & Bacon, Tomato, Mushrooms, Baked Beans. Hashbrown, Toast

Eggs Royale 20.5

Smoked Salmon & Hollandaise

Omelette "Arnold Bennett" 17 Smoked Haddock & Hollandaise

Stratton Egg 28

Potato Rösti, Avocado, Duck Egg, Caviar

Avocado on Toast with Poached Eggs 18 Avocado & Jalapeno Purée, Chilli Oil

Sides

Tamworth Pork Sausages 6

Wilted Baby Spinach 6

Mixed Berries 8.5

Toast, Butter & Preserves 5.5

Smoked Salmon 7

Wild Mushrooms 6

Avocado 5.5

Crispy Streaky Tamworth Bacon 6

Difference Coffee

Americano 4.5

Cappuccino 4.9

Espresso 4

Macchiato 4

Latte 4.9

Flat White 4.9

Jing Tea

Assam Breakfast 4.5

Earl Grev 4.5

Organic Jade Sword 4.5 Jasmine Silver Needle 5.5

Fresh Mint 4.5

Chamomile 4.5

Matcha 5.5